

Leader's Bootcamp 2021: Young Professionals (y-pro) is a 4-day, adrenaline-fueled experience, intended to reconnect participants with their core. It is a vigorous bootcamp infused with facilitaion and self-reflective activities, designed to test one's limits to harness their true potential. The program is skillfully curated for the participants to ultimately find their purpose; leading the participants to begin their journey of transformation by fast-tracking their personal and professional goals.



To create a sense of ownership of one's commitment to change and face challanges with courage.



Develop creative thinking, collaborative attitudes, and respect for diversity in a supportive workplace.





To carry forth this new "knowing" and becoming a young leader with potential to make an impact.

Designed for: Young Leaders (0-5 years of work experience)

Location: Up-north of Islamabad

**Duration: 4 Days** 

For registration or information





# **OUR APPROACH**

**Sensing:** Creating with an open mind, open heart, and an open will. While an open heart allows us to see a situation from the current whole, the open will enables us to begin to sense from the whole that is wanting to emerge.

**Presencing:** The capacity to connect to the deepest sources of self - to go to the inner place of stillness where knowing comes to surface.

Realizing: When a small group of change makers commit to a shared purpose, the power of their intention creates a positive energy field that channels the progress

# **FACILITATORS**



## **Kanwer Anwer Saeed**

Kanwer is a connector and passionate individual who designs interventions and guides people into profound self-discovery, realizing sense of purpose and connection to build communities of vulnerability and authenticity.



#### Ajlaan Raza

Ajlaan is a corporate slave turned facilitator and yoga instructor. His passion for movement led him to "deviate" from his "normal" life and study yoga, partner aerobics, slack-linig, and therapeutics.



## **Zainab Khan**

Zainab uses customized approaches for human development including talent and personality assessments, executive coaching, and ledership development, thus allowing participants to overcome obstacles and creating lasting communities.



#### Hira Siddiqui

Having a good interpersonal mastery, Hira works in close liaison with experts, to design the entire experience for participants where they not only learn but get an opportunity to develop themselves personally and professionally. Her role as a co-facilitator is to provide for individual developmental needs and ensure energy management throughout the entire process.